

# Litzow Photography

## *Pregnancy & Newborn F&AQ's*

**When should I book my sessions** ~ Pregnancy images are best photographed at around 8mths term so booking your session can be made in advance. We ask that when you are discharged from the hospital please contact us to book your newborn session. We photograph newborn babies as early as you can get them to us, we love photographing them around the 3wk old stage when they are still small enough to curl. We have photographed newborn babies up to 6wks of age, some poses may not be possible at this age.

**What are your business hours** ~ I am available during the week during school hours and some Saturdays. Newborn session's booked weekdays are not available after 12:30pm, 4-5pm sessions can be booked during the week for pregnancy session's only. Saturdays are not always available, book early.

**What time is best** ~ Pregnancy sessions can be booked at any time of the day. If you have young children that you would like to include in your session then sessions will need to be booked around any sleep time routines that your children may be in. Mornings are the best time of day to photograph newborn babies. I encourage you to book a time after they have had a feed so they are full and satisfied. If your new baby is not yet in a routine then I usually book sessions for 10am. We are flexible in that if your baby needs a feed during the session than that is ok with us.

**How long are sessions** ~ Session's can vary. Pregnancy sessions take around 1hr with newborn sessions lasting up to 2hrs. Some sessions are quicker, some are longer. Two hours is what you should allow for when booking your session with us, this allows time for taking photographs, feeding and putting your baby to sleep when they become tired. We are very flexible and go with the flow.

**Who is included/photographed during the sessions** ~ Pregnancy & Newborn sessions can involve the whole family. Partners & other children are encouraged to join in the anticipation and celebration of a new addition to the family. Children under the age of 4 years have limited attention spans. We are aware that at this age there are better things to be doing than having your photo taken! With younger children under the age of 4 years we encourage you to organise other family, such as grandparents or friends to collect your children after 30minutes. They can become quickly bored and a distraction to yourself when they decide to run all over the studio.

**What do I need to wear or bring** ~ We like to keep things as natural as possible. We ask that you would bring black and white/cream tops (t-shirts, singlets, button up tops, boob tubes, etc) for your family. Black or denim bottoms (shorts, jeans, skirts). A white jumpsuit, dress, tops etc & pale colours such as pink, blue, baby green for your new baby and any other outfit you would like them to be photographed in. We will also photograph your newborn naked, depending on them of course. Please keep clothing simple, no bold colours or patterns as these can distract your attention from your newborn and family.

Please bring spare clothes for the whole family as when newborns are naked 9/10 times they wee everywhere and usually on the person that is holding them at the time.

Other items to bring are bottles, dummy's, toys & snacks for your other children.

We ask that on the morning of your pregnancy session that you wear your clothing under your belly as to avoid elastic marks that may occur.

We also provide limited clothing and materials for your sessions so don't stress over not having the above items.

**What happens after my session** ~ Once your pregnancy or newborn session is finished, I will do a proof stage edit on your images and then create a unique slideshow of a selection of images. This will be available to view on my website. A couple of days later I will put all of your images on a private gallery for viewing and ordering. Galleries are available online for 30 days, any orders from yourself or others will need to be placed before the gallery expires. Reminder emails will be sent to you at 2 & 1 week before expiry. Any products or packages do not need to be chosen until you see all of your images.